



Elena Aguilar

Author, Coach, CEO

Elena Aguilar is a writer, leader, teacher, coach, and podcaster. She is the author of nine highly acclaimed books: *The Art of Coaching* (pub. 2013, retd. 2024), *The Art of Coaching Teams* (2016), *Onward: Cultivating Emotional Resilience in Educators* (2018), *The Onward Workbook* (2018), *Coaching for Equity* (2020), *The Art of Coaching Workbook* (pub. 2020, retd. 2024), *The PD Book: 7 Habits that Transform Professional Development* (2022), *Arise: The Art of Transformational Coaching* (2024), and *How to Coach Resistance: Turning Pushback into Possibility* (2026). She has also been a frequent contributor to Edutopia, ASCD's Educational Leadership, and EdWeek Teacher.

Elena is the founder and CEO of Bright Morning Consulting, an organization committed to helping individuals and organizations create the conditions for transformation. She has taught tens of thousands of educators how to have conversations that build a more just and equitable world. Elena can be heard demonstrating these conversations on *The Bright Morning Podcast*.

How is Elena's name pronounced?

SIGNATURE TOPICS

- ✓ Transformational Coaching
- ✓ Creating the Conditions for Thriving Teams
- ✓ Resilience and Burnout
- ✓ Navigating Resistance and Pushback
- ✓ Coaching and Leading for Equity
- ✓ Professional Learning that Changes Practice

LEARN MORE

