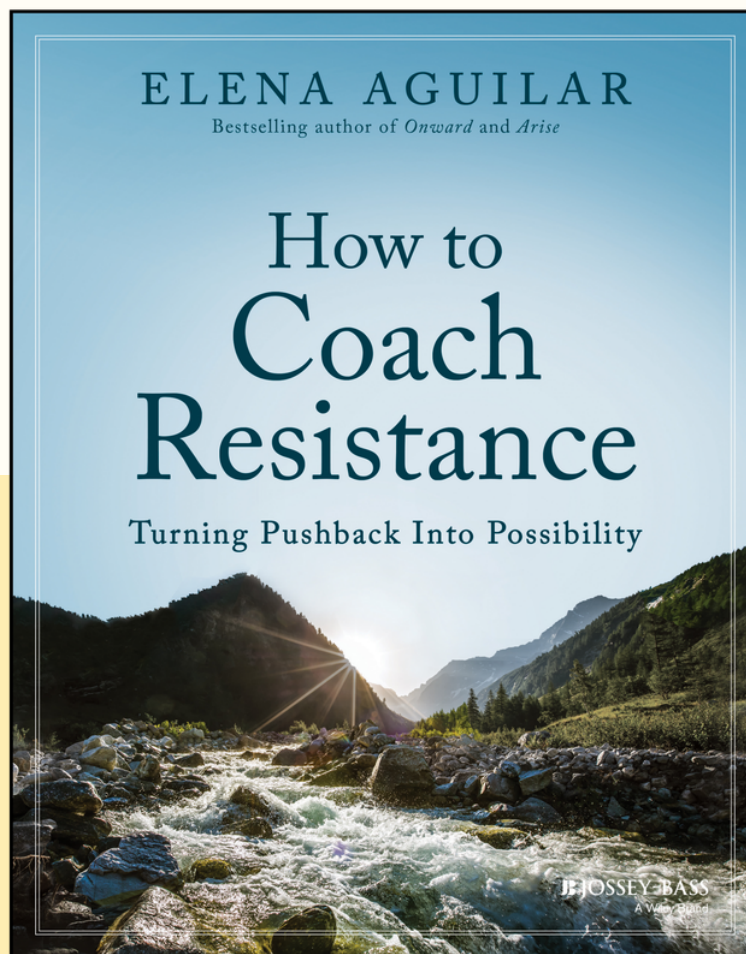


TOOL

Figure I.1: Where Resistance Lives



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Figure I.1: Where Resistance Lives



Figure I.1: Where Resistance Lives © Elena Aguilar, *How to Coach Resistance*. Jossey-Bass, 2026

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If you've ever wished you could sit beside Elena as she coaches through resistance in real time, this is your opportunity. Learn directly from the author of [How to Coach Resistance](#) as she demonstrates how to navigate pushback, coach emotions, and transform challenging conversations into opportunities for growth.



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